



## ABOUT CHICAGO

Winter is a magical time of the year in Chicago. Two of the best parks are **Grant Park** ([www.chicago-parkdistrict.com](http://www.chicago-parkdistrict.com)) and **Millennium Park** ([millennium-park.org](http://millennium-park.org)). Go ice-skating at the **McCormick Tribune Ice Rink** and be surrounded by an incredible skyline. See the **Cloud Gate** sculpture, a.k.a the "Bean".

The **Soldier Field Sledding Hill** stays lit at night and features a 220-foot slope for some fearless fun. [www.soldierfield.net](http://www.soldierfield.net)

Numerous companies offer tours, from unique **holiday lights tours** to a cozy **carriage ride** through the city. Or explore popular buildings on an **architecture tour** and see unique gems, such as the world's largest Tiffany stained-glass dome at the **Chicago Cultural Center** ([cityofchicago.org](http://cityofchicago.org)).

Take your sightseeing to new heights! **The Ledge at Skydeck Chicago** in Willis Tower ([www.theskydeck.com](http://www.theskydeck.com)) puts you more than 100 stories above the streets in a glass box! **360Chicago** ([www.360chicago.com](http://www.360chicago.com)) offers expansive sights of the city from the exhilarating angle of **TILT**, the glass and steel platform that slowly tilts outward providing views from 1,000 feet!

To warm up from the inside out, try one of the city's "tropical" indoor getaways! Walk among 1,000 butterflies in the balmy Judy Istock Butterfly Haven at the **Peggy Notebaert Nature Museum** ([www.naturemuseum.org](http://www.naturemuseum.org)). Try one of the free Conservatory Scavenger Hunts at the **Garfield Park Conservatory** ([www.garfieldconservatory.org](http://www.garfieldconservatory.org)). Celebrate the holidays at **Lincoln Park Conservatory**, a stunning

19th century Victorian glass haven ([www.lincolnparkconservancy.org](http://www.lincolnparkconservancy.org)).

Chicago is home to more than 40 museums. Learn more about life on Earth at **The Field Museum** ([fieldmuseum.org](http://fieldmuseum.org)). Dive into a holiday-themed spectacle at the **Shedd Aquarium** ([shedd-aquarium.org](http://shedd-aquarium.org)). Lay eyes upon the works of African-American artists at the **DuSable Museum of African American History** ([dusablemuseum.org](http://dusablemuseum.org)). Surround yourself with works from all times at **Art Institute of Chicago** ([artic.edu](http://artic.edu)).

The **Museum of Science and Industry** offers **Christmas Around the World** and **Holidays of Light**, showing how nations around the world celebrate this unique time of year. [www.msichicago.org](http://www.msichicago.org)

Visit **ZooLights** at the **Lincoln Park Zoo**, one of Chicago's favorite free festivities, with its illuminated tunnels, live ice carvings, fun crafts for kids and Santa Claus himself. [www.lpzoo.org](http://www.lpzoo.org)

Stop by the lakefront playground **Navy Pier** for **Winter WonderFest** ([www.navypier.com/winter-wonderfest](http://www.navypier.com/winter-wonderfest)), complete with an indoor ice skating rink, rides, an indoor Ferris wheel and more. Navy Pier is where you'll also find the Chicago Children's Museum ([www.chicagochildrensmuseum.org](http://www.chicagochildrensmuseum.org)).

For hundreds of high-end stores and retailers, shop magnificently as you walk down **The Magnificent Mile** ([www.themagnificentmile.com](http://www.themagnificentmile.com)). Inspired by 16th-century European marketplaces, don't miss **Christkindlmarket** ([www.christkindlmarket.com](http://www.christkindlmarket.com)), a charming outdoor holiday market.

Visit [www.choosechicago.com](http://www.choosechicago.com) for more information on area attractions and activities!

## ABOUT THE PODIATRY INSTITUTE

The **Podiatry Institute** is a non-profit educational foundation that offers a variety of programs, conferences, workshops and postgraduate courses. The Institute has achieved international recognition for its leading role in developing and advancing podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

**Illinois Podiatric Medical Association** is a non-profit organization representing a majority of the doctors of podiatric medicine in the State of Illinois. IPMA members comply with rigid ethical standards and participate in numerous programs and events that benefit patients, the profession and the community. When you select a podiatrist who is a member of the IPMA, you are assured of having chosen a skilled practitioner to care for your feet.

## PODIATRY INSTITUTE 2023 CONFERENCE SCHEDULE

<b>FEB 2-4, 2023</b> <b>PARK CITY</b> The 30th Annual Winter Conference with Utah PMA	<b>APR 13-16, 2023</b> <b>PHOENIX</b> Valley of the Sun Conference with Arizona FAMA	<b>APR 27-30, 2023</b> <b>NEWPORT</b> Surgical Pearls by the Sea with Rhode Island PMA	<b>MAY 18-21, 2023</b> <b>LITTLE ROCK</b> Foot & Ankle Surgery Building Blocks for Success with Arkansas PMA	<b>JUN 22-25, 2023</b> <b>HILTON HEAD</b> Footprints in the Sand Conference with South Carolina PMA
<b>JUL 20-23, 2023</b> <b>PORTLAND, ME</b> Foot & Ankle Surgery Building Blocks for Success with Maine PMA	<b>SEP 21-24, 2023</b> <b>SAN DIEGO</b> 42nd Annual UPDATE 2023 with San Diego PMS	<b>OCT 13-15, 2023</b> <b>MID-ATLANTIC</b> Mid-Atlantic Conference with Mid-Atlantic PMA	<b>NOV 2-5, 2023</b> <b>SANIBEL</b> 33rd Annual Sanibel Conference	<b>DEC 1-3, 2023</b> <b>CHICAGO</b> Windy City Conference with Illinois PMA

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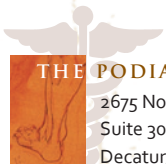
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The Podiatry Institute cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it inadvisable or impossible to hold the conference. The Podiatry Institute will make every effort to inform the participants as soon as possible to enable the participants to cancel hotel and flight arrangements. The entire contents of this brochure are copyrighted by The Podiatry Institute with all rights reserved. Reproduction or use, without permission, of written or graphic content in any manner is prohibited. ©2022





THE PODIATRY INSTITUTE

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# CHICAGO

December 2-4



THE PODIATRY INSTITUTE

®

## THE WINDY CITY PODIATRY CONFERENCE

*Current Treatment Options  
in Podiatric Medicine & Surgery*

WITH JOINT PROVIDER

ILLINOIS PODIATRIC MEDICAL ASSOCIATION

This is a PICA approved  
risk management seminar.

PICA  
Podiatric In-Clinical Association

7:00 AM **BREAKFAST**7:25 AM **WELCOME TO CHICAGO**7:30 AM **MEDICINE**

Diabetic Limb Salvage: Case Reviews &amp; Lessons Learned

Morton's Neuroma: Current Literature Review

Wart Therapy Review

The Angiosome: What is It, and Why Does It Matter?

Expanding Role of PCR Technology in Podiatric Medicine

Question &amp; Answer

10:00 AM **BREAK — VISIT EXHIBITS**10:45 AM **WORKSHOPS**

NOTE: YOU MUST ATTEND ONE WORKSHOP PER ROTATION TO RECEIVE FULL CME CREDITS. THERE WILL BE SEPARATE SIGN-IN SHEETS.

*Hands-on workshops featuring the latest techniques & technologies*10:45 AM **ROTATION ONE****Fundamental Skills "Hands-On" Biopsy Workshop**

This is the first part of a two-part series on common skin, nail, nerve, and bone biopsy indications, techniques, and practice management coding for podiatrists. A comprehensive overview of fundamental biopsy best practices, indications, techniques will be covered for punch biopsy, tangential biopsy, nail unit biopsy, and ulcer biopsy.

*Moderator: Tracey C. Vlahovic, DPM*11:45 AM **ROTATION TWO****Advanced Skills "Hands-On" Biopsy Workshop**

This is the second part of a two-part series on common skin, nail, nerve, and bone biopsy indications, techniques, and practice management coding for podiatrists. A comprehensive overview of innovative and advanced biopsy best practices, indications, techniques will be covered for advanced innovative biopsy techniques, epidermal nerve fiber density, fine needle aspiration, incisional biopsy, bone biopsy, and plastic surgery skin flaps. It is helpful, but not mandatory, to attend part one of the biopsy workshop series to attend the second session.

*Moderator: Tracey C. Vlahovic, DPM*12:45 PM **LUNCH**1:30 PM **TRAUMA**

Lauge Hansen

Lisfranc Injury: What to Do Whether Acute or Neglected

Current Concepts Peroneal Tendinopathy

Question &amp; Answer

3:45 PM **BREAK — VISIT EXHIBITS**4:30 PM **TRAUMA (CONTINUED)**

Management of Gunshot Wounds

5th Metatarsal Fractures

Opening Medial Gutter/Deltoid for Repair in Ankle Fractures

Question &amp; Answer

6:15 PM **FRIDAY SESSION ADJOURNS****UP TO 20 CECHS**

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and **Illinois Podiatric Medical Association**. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of **20 continuing education contact hours**.





7:00 AM **BREAKFAST WITH THE VENDORS**

## 7:30 AM **FOREFOOT**

Instrumented Lapidus: My Experience and Pearls

Peg in Hole Digital Arthrodesis

Fifth Metatarsal Head Resection:  
Is This Procedure Obsolete?

Akin Osteotomy

Current Intra Operative Algorithm for Hallux Valgus Repair

Question & Answer

10:30 AM **BREAK — GRAB A COFFEE & THANK A VENDOR**

## 11:15 AM **FOREFOOT (CONTINUED)**

Lesser MPJ Repair: A Cost Effective Technique

Revision of Failed Forefoot Surgery

Surgical Tips & Tricks

Question & Answer

1:00 PM **LUNCH**

## 1:45 PM **REARFOOT**

Ankle Arthrodesis: Still a Viable Option?

Progressive Collapsing Foot Deformity:  
My Evidence-Based Approach to Surgical Treatment

Posterior Ankle Endoscopy

Medial Column Biomechanics and Surgical Implications  
for Progressive Collapsing Foot Deformity

Question & Answer

4:00 PM **BREAK — GRAB A SODA & SEE THE VENDORS ONE LAST TIME**

## 4:30 PM **NEUROPATHY**

Lower Extremity Peripheral Nerve Injury – Part 1:  
Concepts of Assessment and Classification

Lower Extremity Peripheral Nerve Injury – Part 2:  
Current Treatment Options

Lower Extremity Peripheral Nerve Injury – Part 3:  
Introduction to Peripheral Nerve Stimulation

Question & Answer

6:15 PM **SATURDAY SESSION ADJOURNS**

## CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

**Trauma:** The attendee will gain the basic knowledge to recognize, evaluate, diagnose and manage common disorders seen in trauma to the foot and ankle and the long term sequelae in different groups.

**Forefoot:** The attendee will be exposed to the various options in the repair of hammertoes and to address the options, risks and long term complications of different procedures on the 2nd MPJ.

**Hallux Valgus:** The attendee will become familiar with all different surgical procedures in the management of hallux valgus and associated deformities and their roles.

**Diabetic Foot:** The attendee will become familiar with the current treatment options and advanced therapies in treating the diabetic foot.

**Heel and Hindfoot:** The attendee will discuss the goals and expected outcomes in the rearfoot. This includes soft tissue management, fractures, heel surgery and management of failed tendon surgeries.

**Medicine and Topics of Interest:** The attendee will gain knowledge and understanding of different products and their cost, diagnosis of carcinoma, understanding of the mechanism of ankle fractures and some less common anatomical variants and procedures.





7:30 AM **BREAKFAST**8:00 PM **RISK MANAGEMENT SESSION****Navigating Forefoot Surgical Complications**

Complications unfortunately happen to all surgeons. It is important to identify them when they occur so we can learn from them and hopefully avoid them in future cases. Several forefoot surgeries with complications will be shown and broken down to identify the etiology of the complication and the treatment rendered to try to produce a satisfied patient.

*Note: There will be a separate sign-in for this lecture.*

9:00 AM

**MISCELLANEOUS**

Disappearing Nail Bed

Complications: Foot &amp; Ankle Nonunions

Wart Therapy Review

Tendon Transfers

10:15 AM

**BREAK**

10:30 AM

**MISCELLANEOUS (CONTINUED)**

Please Stop Cutting the Plantar Fascia

Insertional Achilles Tendinopathy

Supramalleolar Osteotomy:  
Possible Option to Fusion or Replacement?

Rearfoot Fusions

Question &amp; Answer

12:45 PM

**CONFERENCE ADJOURNS — SEE YOU NEXT YEAR!!****DISTINGUISHED FACULTY****SCIENTIFIC CHAIRMAN****Gage M. Caudell, DPM***Fort Wayne, Indiana***Cameron Neilson, DPM***Resident, Emory Decatur, Decatur, Georgia***Asim Raja, DPM***Fort Bragg, North Carolina***John A. Ruch, DPM***Atlanta, Georgia***James L. Thomas, DPM***Birmingham, Alabama***Tracey C. Vlahovic, DPM****FFPM RCPS (Glasg)***Clinical Professor, Dept. of Podiatric Medicine  
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Each speaker is required to disclose the existence of any financial and or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

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Register online via the link on the Chicago page at  
[www.podiatryinstitute.com](http://www.podiatryinstitute.com)

A block of rooms has been reserved and will be held until it is full or **November 11, 2022**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable December 1-4, 2022 (based on availability).

**TRAVEL DISCOUNTS**

To obtain the best possible rates and make your reservations, please call our official agency:

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# CHICAGO CONFERENCE REGISTRATION

## OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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For more information, please visit  
[www.podiatryinstitute.com](http://www.podiatryinstitute.com)

- ☐ \$565 on or before 11/18/22
- ☐ \$715 after 11/18/22 or at the door (**Credit Card ONLY**)

- ☐ \$340 Retired Podiatrists or Active Military

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- ☐ Special Seminar Rate for **APMA Young Members.**  
Call 888.833.5682.

- ☐ **Food functions are open to registered attendees only.**  
Additional meal packages can be purchased for family/ guests. Includes 3 breakfasts, 2 lunches and 5 breaks.

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PLEASE INDICATE ANY SPECIAL NEEDS YOU HAVE AND WE WILL CONTACT YOU

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CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a \$75 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference. In the event the conference is cancelled by events beyond our control, the participant will receive a full refund or transfer to another conference, without penalty, within 30 days of the notice of cancellation.

